

DAD

Before this month, I wouldn't have thought twice about anything like calories, trans fats, whatever. I usually don't buy into that crap, but since I knew I had this damned appointment coming up I figured why the hell not. It felt good to be a little more health conscious! (BEAT) I don't think I've set foot in one of these places since I was born, haha but not really it's just been a while. Probably since Lex was born actually. Funny, she's the reason I'm here now. She's only a few years old and I figured I'd better take my health a little more seriously if I'm going to be around for her. (BEAT) You got any kids?